

Survivor Resource List

SEXUAL VIOLENCE & RELATIONSHIP VIOLENCE SERVICES

Healing is possible, and the support from specially trained therapists and advocates can make a big difference. We are here to help.

MSU Center for Survivors

Advocacy and crisis intervention services open to any survivors of sexual violence, and trauma therapy and support groups for MSU students.

517-355-3551 <u>centerforsurvivors.msu.edu</u>

MSU Safe Place

On campus emergency domestic violence shelter, and provides advocacy, counseling, and support groups for survivors of relationship violence and stalking who are part of the MSU community.

517-355-1100 <u>noabuse@msu.edu</u> <u>safeplace.msu.edu</u>

CARE – Capital Area Response Effort

Provides post-arrest response, advocacy, crisis intervention and resources for survivors of domestic violence in the greater Lansing area.

(517) 272-7436 <u>CARE.Program@lansingmi.gov</u> <u>lansingmi.gov/723/About</u>

EVE (End Violent Encounters)

Domestic violence emergency shelter, counseling, support groups, and advocacy for survivors of domestic violence or sexual assault.

517-372-5572 <u>www.eveinc.org</u>

HOTLINE & CHAT RESOURCES

There is no wrong time or reason to reach out for help. Below are a list of commonly used hotlines and chat services available for "in-the-moment" resources and support.

MSU Center for Survivors Crisis Hotline (24/7) & Crisis Chat (10am-10pm)

517-372-6666 centerforsurvivors.msu.edu

EVE (End Violent Encounters) Lansing, MI

24/7 Crisis Line: 517-372-5572 24/7 Crisis Chat: <u>www.eveinc.org</u>

RAINN National Sexual Assault Hotline (24/7) & Chat

1-800-656-4673 <u>www.rainn.org</u>

Michigan Coalition to End Domestic & Sexual Violence (MCEDSV) 24/7 Hotline & Chat & TextLine

Call: 855-VOICES4 Text: 866-238-1454 Chat: mcedsv.org/hotline/hotline-chat/

National Suicide Prevention Hotline (24/7)

1-800-273-8255 <u>suicidepreventionlifeline.org</u>

Crisis Text Line (24/7)

Text HOME to 741741 www.crisistextline.org

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REPORTING RESOURCES

The resources below provide options to report instances of relationship violence or sexual misconduct to authorities. These resources are NOT confidential.

Law Enforcement – Each department investigates crimes that occur within their jurisdiction.

For emergencies call 911

MSU Police Department

517-355-2221 <u>police.msu.edu</u> East Lansing Police Department

(517) 351-4220 cityofeastlansing.com/345/Police-Department

Lansing Police Department

(517) 483-4600 <u>www.lansingmi.gov/398/Police-Department</u>

Meridian Township Police

(517) 332-6526 www.meridian.mi.us/government/departments/police

Bath Township Police

(517) 641-6728 bathtownship.us/departments-services/police-department

MSU Office of Institutional Equity (OIE) & MSU Office for Civil Rights & Title IX

Investigates Title IX complaints and reports of violations of the university's Relationship Violence and Sexual Misconduct policy for members of the MSU community.

517-353-3922 oie.msu.edu

MSU Misconduct Hotline

For reports of non-RVSM misconduct at MSU, such as conflicts of interest, privacy violations, safety, or bias, as well as fiscal, research, employment, or athletic misconduct.

(800) 763-0764 <u>misconduct.msu.edu</u>

LEGAL RESOURCES

The following resources can help you navigate the criminal or civil legal processes.

Ingham County Prosecutor's Office 517-483-6108 (main office) 517-483-6259 (victim witness unit)

Issues charges in a criminal case & prosecutes the case

Crime Victim Compensation 1-877-251-7373 www.michigan.gov/mdhhs

Assists crime victims and their immediate families with the financial costs of crime.

Crime Victim Notification Network 1-800-770-7657 www.vinelink.com

Find obtains and receive notifications of court dates, case status, and custody changes.

Legal Services of South Central Michigan 517-394-2985 <u>Issem.org</u>

Free legal advice and representation to low-income persons and/or survivors of domestic and sexual violence.

Personal Protection Order Office 517-483-6545 <u>www.eveinc.org/personal-protection-order-office</u> Assistance from EVE Advocates to file for a PPO for your safety and protection.

Michigan Immigrant Rights Center 734-239-6863 <u>mirc@michiganimmigrant.org</u> <u>michiganimmigrant.org</u> A legal resource for Michigan's immigrant communities, providing advocacy and resources for immigrant rights.

ASMSU legal services 517-353-3716 studentlegalservices.com

Free legal advice for certain civil disputes and misdemeanors for MSU students.

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MEDICAL RESOURCES

Below are local resources for sexual assault medical forensic exams as well as other healthcare resources.

MSU Sexual Assault Healthcare Program

Provides sexual assault medical forensic exams and evidence collection for any adult within 5 days of a sexual assault. Available 24/7 at Student Services Building 2^{nd} floor, 556 E. Circle Dr.

517-353-2700 centerforsurvivors.msu.edu/msu-sexual-assault-healthcare-program

MSU Olin Student Health Care

Provides a variety of health care services to students including: primary care, women's health, STI/HIV testing. 517-353-4660 olin.msu.edu

Sparrow Hospital Emergency Room & SANE program

Sexual Assault Nurse Examiners (SANE) provide medical forensic exams to children and adults within the ER. 517-364-3931 www.sparrow.org/SANE

McClaren Hospital

General hospital and ER in Greater Lansing Area.

517-975-6000 www.mclaren.org/lansing/mclaren-greater-lansing-home

Ingham County Health Department

Provides accessible healthcare to low-income, uninsured, and underinsured community members, including primary care, preventative care, HIV and STI testing and treatment, post-exposure prophylaxis, and pregnancy care.

517-887-4424 www.hd.ingham.org/SeekingCare/STIHIV

Planned Parenthood: Lansing Health Center

Provides STI and HIV testing and treatment, emergency contraception, pregnancy testing, medical abortions and referrals, among other healthcare services.

(517) 351-0550

OTHER SUPPORT SERVICES

It's okay to ask for help. Below is a list of on and off-campus resources that provide support services and basic needs resources.

MSU Counseling and Psychiatric Services (CAPS) 517-355-8270 <u>caps.msu.edu</u>

Crisis walk-ins, individual and group therapy, and psychiatry for MSU students.

MSU Employment Assistance Program (EAP) 517-355-4506 eap.msu.edu

Confidential counseling services provided at no cost to MSU employees and their families.

MSU Psychological Clinic 517-355-9564 psychology.msu.edu/clinic

Provides individual and group therapy and assessment services with various specialties, to children and adults in the greater Lansing area.

MSU Couple & Family Therapy Clinic 517-432-2272 hdfs.msu.edu/clinic

Provides therapy to individuals, couples, families, and groups in the Greater Lansing area.

Women's Center for Greater Lansing 517-372-9163 <u>womenscentergl@gmail.com</u> <u>womenscenterofgreaterlansing.org</u>
Free therapy services, help with financial stability and other support

Psychologytoday www.psychologytoday.com

Online resource to assist in finding a private practice therapist that is right for you.

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MSU Student Food Bank 517-432-5136 <u>foodbank.msu.edu</u>

Food assistance for MSU undergraduate, graduate, and professional students without a meal plan.

Greater Lansing Food Bank (517) 853-7800 greaterlansingfoodbank.org

Provides emergency food to anyone at risk in Clare, Clinton, Eaton, Gratiot, Ingham, Isabella, and Shiawassee counties.

CATA Night Owl 517-432-8888 www.cata.org/MSUNightOwl

Provides late night/early morning rides on MSU's campus, at times when other CATA buses are not running.

ASMSU Safe Ride 517-884-8069 <u>asmsu.msu.edu/home/services/safe-ride/</u> Offers rides home to MSU students within East Lansing 7 days a week from 9pm-2:30am.

Salus Center info@saluscenter.org saluscenter.org

Lansing's LGBTQIA+ community center; providing a gathering space, information, resources, and advocacy

MSU LGBT Resource Center 517-353-9520 lbgtrc.msu.edu

Student-centered campus resource working to empower LGBTQ+ students through mentorship, support, and leadership development

MSU Resource Center for Persons with Disabilities 517-884-RCPD <u>www.rcpd.msu.edu</u>

Provides assistance to students, faculty, and staff with disabilities to obtain accommodations for class or work.

MSU University Ombudsperson 517-353-8830 ombud@msu.edu ombud.msu.edu

Neutral, confidential resource for students, faculty and staff to discuss MSU policies and procedures and address conflicts.

MSU Office For International Students and Scholars 517-353-1720 <u>oiss.isp.msu.edu</u>

Supports International students, scholars and their families.

MSU Office of Supportive Services 517-353-5210 <u>undergrad.msu.edu/programs/oss</u>

Assists undergraduate students with developing coping and self-management skills as well as providing academic advising, personal planning, and career guidance.

MSU Prevention Outreach and Education Department 517- 355-3865 empower@msu.edu poe.msu.edu poe.msu.e

MSU Student Parent Resource Center 517-884-0195 <u>studentparents.msu.edu</u>

Academic support, child care, financial assistance, and advocacy for MSU student parents.

ASMSU Student Rights Advocates 517-884-1253 <u>asmsu.msu.edu/home/services/student-rights-advocates</u> Volunteers support students through processes such as academic dishonesty and student conduct.

SEXUAL VIOLENCE RESOURCES FOR CHILDREN

Services and resources to for child survivors of sexual violence and their families.

Firecracker Foundation, Lansing, MI 517-742-7224 thefirecrackerfoundation.org

Holistic healing for survivors of child sexual trauma under age 18 and their families.

Small Talk 517-253-0728 www.smalltalkcac.org

Local child advocacy center that provides coordinated services to child survivors of physical and sexual abuse during investigative processes, as well as providing free therapy.

Michigan Department of Health & Human Services (MDHHS) 855-444-3911 www.michigan.gov/mdhhs
Child protective services, investigates reports of suspected child abuse and neglect.

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